

Upper School Athletics Season Reminders: 2026–2027

General information

Varsity and JV teams will practice Monday–Friday starting immediately after school and ending at 6:00pm so that students can make the late bus. Many of our varsity teams will also practice on Saturdays, and the coaches will communicate that directly with their athletes. Varsity teams will practice during the second week of a School recess such as Winter Recess or Spring Recess. Please check with your coach regarding your team's schedule. JV teams may hold practice, but these practices are not mandatory.

Our varsity teams will occasionally attend camps or take trips, which may require additional expenses. These camps/trips are not mandatory and financial aid is available. Please speak with your coaches to find out if your team will attend any camps or trips. Trips generally take place the second week of a School recess unless a religious holiday falls during that second week.

ECFS supplies late buses that depart at 6:15pm every day for students who are registered with Selby. Our coaches know this and must give their teams enough time to change and get to the late bus after practice. **However, we cannot guarantee that your child will be home from away games in time to get that bus or even make the bus when there is a home game.** We recommend that you have alternative transportation when it is believed that the teams will not return in time for the late bus. If the bus is traveling through Manhattan on its way back to the Fieldston campus, we will ask the driver to make **one stop** on the Upper West Side.

Water bottle policy

Due to sanitary concerns, we do not provide water bottles for teams. On game days and practice days, please make sure that athletes have their own drinking vessels for hydration. We will provide coolers (no cups) for refilling purposes. There are also water hoses available during outdoor activities and water fountains in the building for indoor activities.

Team parent/guardian guidelines

The team parent/guardian helps to build community and connect parents/guardians to one another, typically leading the organization of post-game snacks and end-of-season gatherings. When soliciting parent/guardian volunteers to contribute, parents/guardians should keep the School's commitment to equity and inclusion in mind as well as the School's faculty gift policy. Please note the following when soliciting volunteers:

- Avoid language or actions that place undue pressure on parents/guardians to contribute (eg, no personal pleas to unresponsive parents, no direct asks for specific items)
- Avoid asking for cash contributions to post-game snacks or end-of-season dinners; potlucks are encouraged.
- End-of-season tipping for coaches is strongly discouraged as doing so goes against the School's established faculty gifting policy.