

Middle School Athletics Season Reminders: 2026–2027

Practices/tryouts

Middle School practices/tryouts take place during PE class. Football will practice three days per week after school (on Mondays, Tuesdays, and Thursdays) for 7th and 8th Grade only. Water polo will practice after school on Thursdays only from 3:15pm–4:15pm so that 7th and 8th Graders have the opportunity to practice together. After school practices will always end at 6:00pm so that students can make the 6:15pm late bus (if they are registered with Selby).

Middle School teams never practice on holidays or during school recesses (such as Winter Recess and Spring Recess). However, if you are interested, please see the section in [the athletics handbook](#) about Upper School varsity teams practicing during these times, as well as varsity trips/camps.

If your child plays a sport that requires cleats, please be sure they have sneakers with them in the event the team uses the track, fitness room, or gym.

Game days and late bus

All games take place after school, generally on Tuesdays and Thursdays. It is important to understand that athletes are sometimes dismissed early from their final class period on Tuesdays and Thursdays for games. Students are responsible for any missed work from classes due to early dismissals.

ECFS supplies a late bus that leaves at 6:15pm every day for students who are registered with Selby. **However, we cannot guarantee that your child will make the late bus on game days.** We recommend that you have an alternative transportation plan for games when it is believed that teams will not be back in time for the late bus. If the bus is traveling through Manhattan on its way back to the Fieldston campus from a game, we will ask the driver to make **one** stop on the Upper West Side. If you are going to allow this, please make sure you check the appropriate box on the Athletic Participation Form on the Magnus website.

Water bottle policy

Due to sanitary concerns, we no longer provide water bottles for teams. On game days, we will have coolers and cups available. However, on practice days, please make sure that your child has their own source of hydration. We will provide coolers (no cups) for refilling purposes. There are also water hoses available during outdoor activities and water fountains in the building for indoor activities.